



FOR IMMEDIATE RELEASE
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NEWS RELEASE

CUMMINGS CENTRE ANNOUNCES NEW SLATE OF OFFICERS

The Cummings Centre is pleased to announce a new slate of officers to serve on its Board of Directors for 2023-2025. Gloria Steinberg has been named President of the Cummings Centre. She succeeds Nancy Cooperberg who concluded her term at the organization's recent Annual General Meeting.

"I am honoured to serve as President of the Cummings Centre and extend a special welcome to the incoming Board of Directors," said Gloria, who served as first Vice-President of the Centre's Board of Directors the last 2 years. "I also extend my respect and admiration for outgoing president Nancy Cooperberg and Executive Director Pauline Grunberg for their incredible direction throughout the pandemic. The exceptional work of the professional staff and efforts of the Board of Directors and volunteers enabled seniors to feel connected."

As a psychotherapist and consultant, Gloria's involvement with the Cummings Centre began approximately 8 years ago with her exploration of post-retirement activities for senior clients. She was fascinated with all that the Centre offered. Gloria was recruited to lead workshops in leadership training followed by varied committee work as well as chairing the Marketing and Communications Committee. She participated in the Strategic Planning Ad Hoc Committee and in the Cummings Foundation and Cummings Centre Boards of Directors.

"I believe that when working supportively, Cummings has the power to enhance and extend its impact on the lives of seniors in Quebec and far beyond," said Gloria. "I am confident that while continuing to practice good governance and effectively ensure the oversight and implementation of the strategic plan goals, meaningful generative discussions will ensure future growth."

"The collaborative spirit of our remarkable staff and volunteers is at the heart of the Centre and its ever-growing membership. As we move forward with our shared commitment to integrate diversity, equity, and inclusion, we need to strengthen our balance and flexibility. The Cummings Centre is wholeheartedly up to the challenge."

Prior to her Cummings involvement Gloria was involved in the Social Action Committee of Federation CJA. She was selected as President of the Montreal Multicultural Women's Coalition and was also involved with the Hon. Raymond Bachand's Cultural Communities Council for Outremont - Cote-des-Neiges. Gloria was also Clinical Director of Alternatives, the first Quebec government funded drug rehabilitation centre.

The Cummings Centre's mission is to empower and enhance the quality of life of adults age 50 and over by providing dynamic and innovative programs, social services, and volunteer opportunities in a vibrant, respectful, inclusive and compassionate environment. Building on its Jewish heritage, Cummings embraces people from all ethnic, cultural and socio-economic backgrounds. To get involved visit cummingscentre.org or call 514.343.3510.